

香港商船高級船員會所
THE MERCHANT SERVICE CLUB

MENU 本週餐單

8 月 3 日 星期一 (Mon)	Cream of Pumpkin Soup 南瓜茸湯 Grilled Chicken Steak w/ Garlic Sauce 煎雞扒配蒜茸汁 Beef Curry Japanese Style 日式咖喱牛肉
8 月 4 日 星期二 (Tue)	Carrot Soup 甘筍湯 Grilled Sirloin Steak w/ Garlic Sauce 西冷牛扒配蒜茸汁 Stewed Spaghetti w/ Shrimps in Herb Sauce 香草汁蝦仁意粉
8 月 5 日 星期三 (Wed)	Russian Bortsch 俄國菜湯 Grilled Ox Tongue w/ Black Pepper Sauce 煎牛脷配黑椒汁 German Pig's Knuckle 德國鹹豬手
8 月 6 日 星期四 (Thur)	Cream of Pumpkin Soup 南瓜茸湯 Roasted Pork Chop w/ Gravy 燒豬扒配燒汁 Mushroom Omelette w/ Sausage 什菌奄列拼豬肉腸
8 月 7 日 星期五 (Fri)	Cream of Mushroom Soup 什菌忌廉湯 Grilled Chicken Steak w/ Garlic Sauce 煎雞扒配蒜茸汁 Scrambled Eggs w/ Shrimp 蝦仁炒蛋

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8 月 10 日 星期一 (Mon)	Cream of Bacon & Onion Soup 煙肉洋蔥忌廉湯 Grilled Rib Eye Steak w/ Mushroom Sauce 肉眼扒配白菌汁 Spaghetti Bolognese 肉醬意粉
8 月 11 日 星期二 (Tue)	Green Radish & Carrot w/ Pork Bone Soup 青紅蘿蔔豬骨湯 Grilled Smoked Ham w/ Gravy 煙火腿配燒汁 Beef Stroganoff 俄國牛柳絲飯
8 月 12 日 星期三 (Wed)	Russian Bortsch 俄國菜湯 Grilled Salmon Steak w/ Cream Sauce 三文魚扒配忌廉汁 Braised Pig's Trotters w/ Lotus Root 蓮藕炆豬手
8 月 13 日 星期四 (Thur)	Leek & Potato Soup 大蒜薯茸湯 Grilled Chicken Steak w/ Garlic Sauce 煎雞扒配蒜茸汁 Ox Tail Bourguignonne 紅酒燴牛尾
8 月 14 日 星期五 (Fri)	French Onion Soup 法式洋蔥湯 Stir-Fried Beef Fillet w/ Mushroom Sauce 牛柳粒配白菌汁 Sliced Pork in Japanese Style Sauce 豚肉生薑燒

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8 月 17 日 星期一 (Mon)	Cream of Tomato Soup 鮮茄忌廉湯 Grilled Sirloin Steak w/ Black Pepper Sauce 西冷牛扒配黑椒汁 Roasted Eel & Chicken Steak Teriyaki 日式鰻魚拼雞扒
8 月 18 日 星期二 (Tue)	Pork Bone Soup w/ Dried White Cabbage 菜乾排骨湯 Grilled Snapper Fish Fillet Washington 華盛頓鯛魚柳 Stewed Ox Tongue w/ Vegetable 什菜燴牛脷
8 月 19 日 星期三 (Wed)	Cream of Mushroom Soup 什菌忌廉湯 Roasted Rib Eye Steak w/ Gravy 燒肉眼扒配燒汁 Chicken Curry w/ Rice 咖喱雞飯
8 月 20 日 星期四 (Thur)	Clear Soup w/ Beef & Vegetable 什菜牛肉清湯 Roasted Chicken French Style 法式燒雞 Sliced Beef in Japanese Style Sauce 牛肉生薑燒
8 月 21 日 星期五 (Fri)	Carrot Soup 甘筍湯 Grilled Pork Chop w/ Japanese Curry Sauce 煎豬扒配日式咖喱汁 Fried Rice w/ Salted Fish & Chicken 咸魚雞粒炒飯

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8 月 24 日 星期一 (Mon)	Cream of Pumpkin Soup 南瓜茸湯 Fish Fillet Cutlet w/ Japanese Curry 吉列魚柳配日式咖喱汁 Stewed Spaghetti w/ Seafood in Tomato Sauce 鮮茄醬海鮮意粉
8 月 25 日 星期二 (Tue)	Lotus Root Soup w/ Dried Octopus & Pork Ribs 蓮藕章魚排骨湯 Roasted Sirloin of Beef w/ Gravy 燒西冷牛肉配燒汁 Hainanese Chicken 無骨海南雞
8 月 26 日 星期三 (Wed)	Clear Soup w/ Shredded Chicken & Vegetable 雞絲雜菜清湯 Grilled Rib Eye Steak w/ Mushroom Sauce 扒肉眼扒配白菌汁 Sliced Pork in Japanese Style Sauce 豚肉生薑燒
8 月 27 日 星期四 (Thur)	Minestrone 意大利菜湯 Grilled Chicken Steak w/ Garlic Sauce 煎雞扒配蒜茸汁 Smoked Salmon w/ Green Salad 煙三文魚配沙律菜
8 月 28 日 星期五 (Fri)	Russian Bortsch 俄國菜湯 Onion Pork Chop 洋蔥豬扒 Stir-Fried Beef Spaghetti w/ Black Pepper Sauce 黑椒牛柳絲炒意粉

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8 月 31 日 星期一 (Mon)	Cream of Mushroom Soup 什菌忌廉湯 Roasted Eel & Chicken Steak Teriyaki 日式鰻魚拼雞扒 Grilled Ox Tongue w/ Onion Sauce 煎牛脷配洋蔥汁
9 月 1 日 星期二 (Tue)	Pork Bone Soup w/ Rafflesia 霸王花排骨湯 Grilled Rib Eye Steak w/ Black Pepper Sauce 肉眼扒配黑椒汁 Roasted Chicken French Style 法式燒雞
9 月 2 日 星期三 (Wed)	Minestrone 意大利菜湯 Stir-Fried Beef Fillet w/ Mushroom Sauce 牛柳粒配白菌汁 Chicken Portugaise 葡國雞飯
9 月 3 日 星期四 (Thur)	Hairy Gourd Soup w/ Salted Egg 節瓜咸蛋湯 German Pig's Knuckle 德國鹹豬手 Duck Brest Red Curry Thai Style 泰式紅咖喱鴨胸
9 月 4 日 星期五 (Fri)	French Onion Soup 法式洋蔥湯 Onion Pork Chop 洋蔥豬扒 Sliced Beef in Japanese Style Sauce 牛肉生薑燒

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9 月 7 日 星期一 (Mon)	Green Pea Soup 青豆茸湯 Grilled Pork Chop w/ Garlic Sauce 煎豬扒配蒜茸汁 Stewed Spaghetti w/ Seafood in Tomato Sauce 鮮茄醬海鮮意粉
9 月 8 日 星期二 (Tue)	Pork Bone Soup w/ Bitter Melon 涼瓜排骨湯 Grilled Sirloin Steak w/ Black Pepper Sauce 西冷牛扒配黑椒汁 Chicken w/ Red Curry Thai Style 泰式紅咖喱雞
9 月 9 日 星期三 (Wed)	Minestrone 意大利菜湯 Grilled Chicken Steak w/ Tomato Sauce 煎雞扒配鮮茄汁 Sliced Beef in Japanese Style Sauce 牛肉生薑燒
9 月 10 日 星期四 (Thur)	Cream of Tomato Soup 鮮茄忌廉湯 Roasted Spare Ribs w/ BBQ Sauce 燒排骨配燒烤汁 Minced Beef & Fried Egg w/ Rice 煎蛋免治牛肉飯
9 月 11 日 星期五 (Fri)	Carrot Soup 甘荀湯 Roasted Pork Chop w/ Gravy 燒豬扒配燒汁 Grilled Snapper Fish Fillet w/ Garlic Sauce 香煎鯛魚柳配蒜茸汁

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9 月 14 日 星期一 (Mon)	Carrot Soup 甘筍湯 Grilled Sirloin Steak w/ Garlic Sauce 西冷牛扒配蒜茸汁 Pan Fried Shrimp Spaghetti 蝦仁意粉
9 月 15 日 星期二 (Tue)	Yellow Cucumber w/ Pork Bone Soup 老黃瓜排骨湯 Grilled Pork Chop w/ Tomato Sauce 鮮茄豬扒 Beef Brisket w/ Turnip 蘿蔔牛腩
9 月 16 日 星期三 (Wed)	Russian Bortsch 俄國菜湯 Grilled Ox Tongue w/ Black Pepper Sauce 煎牛脷配黑椒汁 Braised Pig's Trotters w/ Lotus Root 蓮藕炆豬手
9 月 17 日 星期四 (Thur)	Minced Pork Soup w/ Winter Melon 冬瓜肉碎湯 Grilled Chicken Steak w/ Garlic Sauce 煎雞扒配蒜茸汁 Beef Curry Japanese Style 日式咖喱牛肉
9 月 18 日 星期五 (Fri)	Cream of Mushroom Soup 什菌忌廉湯 Stir-Fried Beef Fillet w/ Mushroom Sauce 牛柳粒配白菌汁 Spaghetti Bolognese 肉醬意粉