# Merchant Navy Officers' Guild - Hong Kong 香港商船高級船員協會

# GUILD NEWS & 季刊 QUARTERLY REPORT

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# MERCHANT NAVY OFFICERS' GUILD – HONG KONG Annual Report 2024-2025

香港商船高級船員協會-二零二四至二零二五年週年報告

Guided by its mission and built upon years of experience, the Guild has made significant contributions to strengthening the protection of seafarers' employment rights and enhancing their interests and welfare over the past year.

#### 1 Management

- (i) The Guild Office carries out essential administrative duties and provides services to members under the guidance of the Executive Council. Besides, the Guild signs Collective Bargaining Agreements (CBA) with shipping companies on behalf of sea-going seafarers, striving to enhance protections for both sea-going and river-trade seafarers.
- (ii) Under the guidance of the Executive Council, the Guild directly manages Club affairs and continues to improve Club operations.
- (iii) Hard copies of the Guild Rules 2023 are available at the Guild Office, while the digital version can be downloaded from the Guild's website.
- (iv) Prioritizing members' well-being, the Guild ensures regular cleaning and disinfection of its Office, Conference Room, Study Room, Gym Room, and common areas to maintain a hygienic environment.
- (v) The Guild actively promotes an inclusive and respectful environment for members and staff, free from discrimination or harassment. The Guild's Equal Opportunities Policy reinforces its commitment to equal opportunities and non-discriminatory practices.
- (vi) To ensure accessible communication with members, the Guild operates its official website, Facebook page, MNOG Youth Instagram account and a WhatsApp Community group for regular updates. E-Guild News is now distributed via email to support environmental sustainability.

(vii) On 23<sup>rd</sup> April 2025, Guild representatives attended an online seminar hosted by the Registry of Trade Unions to gain deeper insights into proposed amendments to the Trade Unions Ordinance, which aim to enhance the ordinance's role in safeguarding national security.

協會秉承一貫宗旨,憑藉過往累積的深厚經驗,於 過去一年持續推進會務發展,積極維護會員就業 權益,並提升船員福利待遇。

# 一 管理事項

- (1) 協會辦公室在執行理事會領導下執行日常行政工作,並為會員提供服務。此外,協會代表遠洋船船員與船公司簽署集體談判協議(CBA),同時致力爭取保障遠洋船及內河船船員之權益。
- (2) 在執行理事會領導下,協會直接管理會所事務,進一步改善會所營運。
- (3) 協會辦公室備妥協會二零二三年修訂版會章 印刷版本,電子版本亦可在協會網站下載。
- (4) 協會一直重視會員健康及安全,持續實施多項嚴格防疫措施,辦公室、會議室、自修室、健身室及公眾範圍定時進行清潔及消毒,以保持環境衛生。
- (5) 協會積極為會員和員工營造包容、尊重、不受歧視或騷擾的環境。透過協會的平等機會政策,有效地實踐協會對平等機會、反歧視做法的承諾。
- (6) 為加強協會與會員間的溝通,協會定期更新官方網站、臉書專頁、MNOG Youth Instagram帳戶及WhatsApp群組,向會員發送更快更新的協會資訊。為支持環保,電子版協會季刊經電郵發送。
- (7) 因應《職工會條例》草擬修訂以增加維護國家安全條款·協會代表於二零二五年四月廿三日參與職工會登記局舉辦的「國家安全與《職工會條例》線上研討會」·以了解相關修訂建議內容。



# 2 Providing Benefits to Members

The Guild provides members and in certain circumstances their families with the following benefits subject to the availability of funds:

- (i) funeral expenses of deceased members and seafarers;
- (ii) financial assistance to members when victimized in trade disputes;
- (iii) legal advice and assistance to members involved in shipping casualty;
- (iv) protection and legal defence of members' certificate of competency as officers or other qualifications as officers.

#### 3 Safeguarding Welfare of Seafarers

- (i) The Guild remains committed to protecting and improving members' rights, interests, and social status while fostering strong relationships with kindred associations for mutual benefit.
- (ii) The Legal Consultation and Assistance Scheme of the Guild offers financial assistance in the provision of legal advice and/or representation in case of shipping casualty and related criminal proceedings committed by members during the course of their employment as merchant marine officers. The financial coverage upper limit per member per case remains HK\$ 1,000,000. The deductible of the Legal Consultation and Assistance Scheme to be paid by members remains HK\$20,000.
- (iii) Guild representatives attend General Committee Meetings of the Sailors' Home and Missions to Seamen, voicing concerns regarding the Mariners' Club's management and operation. Additionally, the Guild continues working with government authorities on the Tsim Sha Tsui Mariners' Club redevelopment project.
- (iv) On 4<sup>th</sup> November 2024, the Guild representatives participated in a review meeting concerning the Permit to Operate (PTO) for High-Speed Craft plying between Hong Kong and Macau, providing feedback on modification proposals submitted by shipping companies. The proposed amendments were not approved.
- (v) To safeguard and strengthen sea-going seafarers' rights, the ITF Hong Kong Inspector, nominated by the Guild, continues conducting of ship inspection for vessels calling at Hong Kong port to verify compliance with CBA requirements. Inspectorate works also include the identification and handling of complaints or inquiries from seafarers and assist in taking legal actions for seafarers in need if necessary.

During April 2024 to March 2025, the Inspector handled 116 seafarers' complaints, including crew change issues, repatriation arrangement, abandonment issues, unpaid wage claims, compensations for death and injury. The Inspector and the Guild have assisted the seafarers to successfully claim back unpaid wages totaling US\$477,230 within the stated time period. The Guild effectively play the role of support, coordinate and leadership to protect the employment rights and welfare for seafarers.

# 二 為會員提供福利

協會視乎經濟情況,盡力為會員及於某些情況 下為會員的家屬,提供以下福利:

- (1) 去世會員和船員的殮葬費;
- (2) 為於勞資糾紛中受害的會員提供財政援助;
- (3) 為涉及海難事故的會員提供法律意見及援助;
- (4) 維護會員的高級船員適任證書,或作為高級船員的其他資歷證書,及提供法律辯護。

# 三 維護船員權益

- (1) 協會以促進、改善及保障會員權益及社會地位為宗旨,並積極與同業組織保持友好合作,維護共同利益。
- (2) 協會設有法律諮詢及援助計劃,為現職船員的會員於當值期間,遭遇航運事故或因事故而被起訴時提供法律支援,每名會員每宗個案援助上限為港幣一百萬元;每名會員就每宗個案的自付金額為港幣二萬元。
- (3) 協會代表持續出席海員俱樂部管理委員會會議,就海員俱樂部管理及營運事項提出意見,並 與政府有關方面商討跟進重建尖沙咀海員俱樂部 事官。
- (4) 二零二四年十一月四日·協會代表於來往香港 與澳門高速船營運許可證(PTO)檢討會議上· 就船公司提出的修改建議發表專業意見;相關修 改提議未獲批准。
- (5) 由協會提名的國際運輸工人聯盟(ITF)香港區檢查員繼續執行職務,維護及加強遠洋船船員的權益。檢查員檢查停靠於香港港口內的船舶,確保船公司履行CBA的要求。檢查員工作亦包括處理船員的投訴或查詢,必要時更會協助船員依法採取維權行動。

由二零二四年四月至二零二五年三月,檢查員共處理一百一十六宗船員求助個案,當中包括船員換班問題、遣返安排、船東棄船、欠薪及死傷賠償等,期間檢查員及協會成功協助船員追討共四十七萬七千二百三十美元(US\$477,230)的欠薪。協會能有效發揮支援、協調及領導的角色,維護船員就業權益和福利。

(vi) On the evening of 19<sup>th</sup> August 2024, the ITF Hong Kong Inspector received a distress call from the cargo vessel GRAND SUNNY for urgently request entry into Hong Kong waters regarding eleven Indonesian seafarers abandoned onboard with severe shortages of food and water.

The Hong Kong International Seafarer Service Centre (HKISSC), jointly established by the Guild and the Amalgamated Union of Seafarers, Hong Kong (AUSHK), provided urgent supplies including food, water and necessities, to the crew. The Inspector successfully assisted the seafarers in returning home and, by December, recovered a total of USD 120,000 in unpaid wages.

- (vii) The ITF Hong Kong Inspector and staff of HKISSC visited vessels onboard or ashore at the Hong Kong Container Terminal and delivered welfare and festive gifts to the crew. In 2024, total 270 sea-going vessels and over 6,100 seafarers were engaged.
- (viii) In 2024, HKISSC launched the "Crew Care" Seafarers' Psychological Support, aiming to alleviate work-related stress, emergency-induced distress, and promote mental well-being through collaboration with a Clinical Psychologist. In addition to an Enneagram talk held in August 2024, Crew Care further expanded in 2025 with the creation of a professional psychological support space further enhancing mental health support for seafarers.
- (ix) The establishment of the Hong Kong Seafarer Mutual Assistance and Scholarship Trust aims at providing assistance to distressed seafarers and training support to the Hong Kong flagged vessels seafarers and maritime students. The balance for the Trust was HK\$102,924,847.44 as of 31<sup>st</sup> March 2025. From October 2023 to July 2024, the Administrative Committee of the Trust has approved 2 charity organization's applications, 7 applications for employers' training reimbursements and 183 students' training assistance. The Trust has also granted financial assistance to support the operation and running cost of the Mariners' Club's visiting launch.
- (x) New subsidy scheme and scholarships of the Hong Kong Maritime Scholarship Fund were launched last year. The Higher Diploma in Maritime Studies Outstanding Achievements Admission Scholarship encourages outstanding students to pursue their studies in the Higher Diploma in Maritime Studies of Maritime Services Training Institute (MSTI). The Higher Diploma in Mechanical Engineering Seafaring Scholarship aims to attract engineering students to maritime careers. The Sea-going Seafarer Supporting Scheme incentivizes young people to start their sea-going career as ratings.



- (6) 二零二四年八月十九日晚,ITF香港區檢查員接獲貨船「GRAND SUNNY」船員求助,指船上十一名印尼船員遭遺棄,船上缺水缺糧,需要緊急進入香港水域。由協會與香港航業海員合併工會(AUSHK)共同成立的香港國際海員服務中心(HKISSC)為船員送上食物、食水和生活必需品等緊急物資,以解他們燃眉之急。ITF香港區檢查員成功協助船員回國,並討回共十二萬美元(US\$120,000)欠薪。
- (7) ITF香港區檢查員和HKISSC工作人員經常在香港貨櫃碼頭登船或在岸上探訪來港商船,為船員送上福利禮物及應節禮品。在二零二四年內,共探訪二百七十艘到港遠洋輪上超過六千一百名船員。
- (8) HKISSC於二零二四年推出「同航」海員心理支援,旨在透過與臨床心理學家合作,紓緩海員工作壓力、因緊急事故引起的困擾,並促進他們的精神健康。去年八月舉行「九型人格解讀講座」後,「同航」於二零二五年進一步拓展服務,打造專業支援空間,加強對海員的心理健康支援。
- (9) 香港船員互助及助學基金成立之主要目的,是為遇險的船員提供經濟援助,及支持香港旗船船員和海事學生進行海事培訓。截至二零二五年三月底,基金累積合共港幣一億零三百九十二萬四千八百四十七元(HK\$102,924,847.44)。由二零二三年十月至二四年七月期間,基金行政委員會共批出兩宗慈善機構申請資助、七宗僱主培訓資助和一百八十三宗學生培訓資助。基金亦撥款資助海員俱樂部工作船的營運開支。
- (10) 香港船員助學基金去年推出多項新資助計劃及獎學金·包括:「海事科技高級文憑卓越新生獎學金」吸引學生入讀海事訓練學院(MSTI)海事科技高級文憑·「機械工程學高級文憑航海獎學金」則鼓勵工程系學生投身海運事業·而「遠洋船員發展資助計劃」就資助年輕人以普通船員身份展開航海事業。

(3)

#### 4 Promoting Maritime Industry and Seafaring Career

- (i) On 25<sup>th</sup> September 2024, the Guild co-organized and participated in a ceremony and cocktail reception hosted by the Associations of Hong Kong Shipping Community to celebrate the 75<sup>th</sup> Anniversary of the founding of the People's Republic of China.
- (ii) On 13<sup>th</sup> December 2024, the Guild sponsored the venue for the career seminar titled "Long-Term Professional Prospects for Sea-going Cadets, Officers, and Engineers in Hong Kong", organized by the Maritime Professional Promotion Federation (MPPF) in collaboration with various maritime educational institutes.
- (iii) On 18<sup>th</sup> January 2025, the Guild arranged an onboard tour of the cruise ship ADORA MEDITERRANEA for MSTI teachers and students. This firsthand experience provided valuable insights into working on cruise ships, inspiring students to explore careers in the maritime industry.
- (iv) On 13<sup>th</sup> March 2025, the Guild hosted a briefing and launch session for the Sea-going Seafarer Supporting Scheme under the Hong Kong Seafarer Mutual Assistance and Scholarship Trust. During the event, the Chairman of the Administrative Committee of the Trust and the Chairman of the Board of Management of the Hong Kong Sea School (HKSS) signed a memorandum of cooperation, reaffirming commitment of both parties to advancing the initiative of the scheme. Following the session, more than a dozen HKSS teachers and students embarked on container ship OOCL KOREA for an onboard visit, gaining valuable firsthand experience of a seafarer's working environment.
- (v) On 2<sup>nd</sup>April 2025, the Guild invited senior human resources personnel from the Adora Cruises to host a career seminar for the teachers and students of the MSTI, HKSS and the Hotel and Tourism Institute of VTC. The seminar provided in-depth insights into career prospects for hotel and maritime crew aboard cruise ships. Last year, with the Guild's support, a graduate from MSTI successfully secured a position as a deck cadet on ADORA MAGIC CITY.

#### 5 Facilities

(i) The Guild Study Room, located in Room 1104 on the 11<sup>th</sup> floor of the Alliance Building, offers a quiet and comfortable environment for free use. It features an extensive collection of reference books and nautical charts to support students' academic needs. The Guild remains committed to acquiring updated reference materials and exam-related resources, ensuring members have access to a well-equipped study space.

(ii) The Guild Gym Room, situated in Rooms 1005-06 on the 10<sup>th</sup> floor of the Alliance Building, is furnished with modern fitness machines. A professional trainer regularly conducts training courses for members. Members of the Guild and registered persons of the HKISSC Activity Room can access the gym by purchasing single-entry passes, packages, or monthly tickets.

# (四) 推動航運業及海運行業

- (1) 二零二四年九月廿五日,協會有份籌辦及參與香港航運界慶祝中華人民共和國成立七十五周年國慶酒會。
- (2) 二零二四年十二月十三日 · 協會贊助場 地供海事專才推廣聯盟及多間海事教育院校 · 舉行香港航海實習生、高級船員及工程師之長 遠專業前景職業講座。
- (3) 二零二五年一月十八日·經協會安排下· MSTI 師生登上郵輪「愛達·地中海號」參觀。 這次經驗讓學生了解郵輪工作·並激發他們對 行業的興趣。
- (4) 二零二五年三月十三日,香港船員互助及助學基金就「遠洋船員發展資助計劃」舉行啟動簡介會,基金行政委員會主席與香港航海學校(赤航)校董會主席簽署合作備忘錄,標誌雙方共同致力推進計劃。隨後,赤航十多名師生在協會安排下登上貨櫃船「東方韓國」參觀,親身體驗遠洋船員的工作環境。
- (5) 二零二五年四月二日,協會邀請愛達郵輪人力資源高級管理人員來港,為職業訓練局酒店及旅遊學院、MSTI及赤航的師生們舉辦郵輪職業講座,介紹酒店和海事專業學生在郵輪上工作的前景。去年,在協會協助下,一名MSTI畢業生成功登上「愛達·魔都號」當甲板實習生。

# (五) 設施

- (1) 協會於誠信大廈十一樓——零四室的自修室、環境寧靜舒適、供會員免費使用。自修室內藏大批航海參考書籍及海圖、以滿足學生的學術追求;協會將繼續添置更多參考資料和備試書籍、供使用者參考。
- (2) 協會於誠信大廈十樓一零零五至零六室的健身室,配備各式健身器械及完善設備,並邀請專業教練為會員開設定期健身班。協會會員及HKISSC活動室登記人士可購買單次門票、套票或月票使用健身室。



- (iii) The maritime VR simulator system, developed by Dalian Maritime University, has been installed on the 23<sup>rd</sup> floor of the Alliance Building. Featuring up-to-date Hong Kong water navigation scenarios, this technology enables users to gain hands-on experience in small power boat operations, enhancing their familiarity with maritime navigation.
- (iv) The Activity Room of HKISSC, which jointly established by the Guild and AUSHK, situated in Room 1401-02 on the 14<sup>th</sup> floor of the Alliance Building. Professional coaches organize interest classes and activities, providing educational and skill-enhancement opportunities for seafarers and maritime-related persons.
- (v) To further expand HKISSC's Crew Care Seafarers' Psychological Support, HKISSC rented the Guild's property at Room 2301-02 on the 23<sup>rd</sup> floor of the Alliance Building, transforming it into a dedicated psychological support hub. This space provides a welcoming environment where a Clinical Psychologist offers weekly personal counseling sessions, group discussions, and stress-relief workshops. Equipped with relaxing game facilities, the hub also serves as a social retreat, fostering a comforting and supportive atmosphere for seafarers.

# 6 MNOG Sailing Team

- (i) To foster team spirit, enhance leadership skills, and inspire young people to pursue sea-going careers, the Guild acquired two sailing boats, MNOG ONE and MNOG ALPHA, to provide sailing activities and training courses. These courses equip the MNOG team with essential boat-handling skills and sailing techniques. Alongside the motorboat MNOG SEAFARER and small power boat MNOG BRAVO, they form a compact yet capable fleet dedicated to advancing the Guild's development.
- (ii) From June to August 2024, the MNOG Sailing Team aboard MNOG ONE successfully completed the 12 races in the Sunset Series organized by the Royal Hong Kong Yacht Club within the specific time limit.
- (iii) On 8<sup>th</sup> September and 15<sup>th</sup> December 2024, the MNOG Sailing Team, sailing MNOG ALPHA, secured third place in the Big Boat Division 3 of the BMW Autumn Regatta and the PHS Division of the YMC Alma Mater Race, respectively.
- (iv) From 9<sup>th</sup> to 12<sup>th</sup> January 2025, during the Guangdong-Hong Kong-Macao Greater Bay Area Cup at the 2025 MGM Macao International Regatta, the MNOG Sailing Team sailing MNOG ALPHA impressively reached second place in the third race at one point during the competition.

- (v) On 18<sup>th</sup> January 2025, the MNOG Sailing Team, sailing MNOG ALPHA, achieved the second runner-up position in the Big Boat PHS Division of the Around the Island Race, organized by the Royal Hong Kong Yacht Club
- (3) 協會購置中國大連海事大學開發的航海VR 模擬器系統,安裝於誠信大廈廿三樓,模擬器 系統提供本港水域的最新畫面,讓使用者熟 習駕駛小型機動船航行。
- (4) 由協會與AUSHK共同成立的HKISSC,於誠信大廈十四樓一四零一至零二室開設活動室,邀請多名專業導師來為海員及海運業內人士開辦各式興趣班及活動,反應理想。
- (5) 為加強HKISSC「同航」海員心理支援服務,協會出租誠信大廈廿三樓二三零一至零二室以設立一個專業心理支援空間,由臨床心理學家每週在室內進行個人輔導、小組討論或減壓工作坊。空間配備休閒遊戲設備,為海員提供一個休息放鬆和社交聚會場地。

# 六 MNOG帆船隊

- (1) 為培養團隊精神、增強領導才能,及透過帆船運動吸引年青人投身海事行業,協會購入兩艘帆船「MNOG ONE」及「MNOG ALPHA」並舉辦帆船活動及MNOG帆船隊訓練課程,讓隊員熟習帆船操控及航行技巧。配合機動船「MNOG SEAFARER」及小型機動船「MNOG BRAVO」,組成小形船隊促進會務發展。
- (2) 二零二四年六至八月·MNOG帆船隊以帆船「MNOG ONE」完成香港遊艇會舉辦的Sunset Series共十二場賽事·並在規定時間內順利完成。
- (3) 二零二四年九月八日及十二月十五日,MNOG帆船隊以帆船「MNOG ALPHA」分別在BMW Autumn Regatta大船組第三小組和YMC Alma Mater Race PHS小組獲得第三名。
- (4) 二零二五年一月九至十二日·MNOG帆船隊以帆船「MNOG ALPHA」在2025美高梅澳門國際帆船賽中·出戰粵港澳大灣區盃帆船賽·並於第三場賽事以第二名衝線。
- (5) 二零二五年一月十八日·MNOG帆船隊以帆船「MNOG ALPHA」完成香港遊艇會舉辦的Around the Island Race·在大船PHS組別中獲得第三名。

- (vi) On 8<sup>th</sup> and 23<sup>rd</sup> March 2025, the MNOG Sailing Team competed in the Ladies Helm Races and the YMC Po Toi Challenge, securing fourth place in both events with MNOG ONE and MNOG ALPHA.
- (vii) On 4<sup>th</sup> May 2025, the MNOG Sailing Team, sailing MNOG ALPHA, achieved the fourth place in the PHS Division 2 of the Nations' Cup 2025, organized by the Royal Hong Kong Yacht Club.
- (viii) From 10<sup>th</sup> to 11<sup>th</sup> May 2025, the MNOG Sailing Team with MNOG ALPHA excelled in the Big Boat Division 3 of the Spring Regatta 2025, organized by the Royal Hong Kong Yacht Club, achieving first runner-up position.

#### 7 Youth Works

- (i) The Guild remains dedicated to encouraging local youth to pursue careers in the seafaring industry. To ensure deck and engineer cadets gain adequate sea experiences for professional development, the Guild actively lobbied shipping companies to create more job opportunities for aspiring seafarers.
- (ii) Recognizing the vital role of young professionals in the sustainable development of the Guild and the broader maritime industry, MNOG Youth has become one of the core initiatives of the Guild. The Guild actively empowers and encourages young members to contribute, voice their opinions, and take part in industry-related activities. Besides, the MNOG Youth leadership team plays a key role in promoting the Guild among peers and organizing various events.
- (iii) To support and assist maritime students and MNOG Youth members in their academic pursuits, the Guild offered free Certificate of Competency (COC) revision and tutorial classes at the Guild Study Room, helping students prepare for examinations effectively.
- (iv) The Guild conducts a visit to MSTI and hosting a briefing session for freshmen every year. During the briefing session, Guild representatives introduce key topics such as Guild history, seafarer protections under HKCBA, MNOG Youth Membership applications, and HKMSF application. The Guild remains committed to collaborating with MSTI and other maritime stakeholders to nurture the next generation of industry professionals.



- (6) 二零二五年三月八日及廿三日·MNOG帆船隊分別以帆船「MNOG ONE」及「MNOG ALPHA」出戰Ladies Helm Races及YMC Po Toi Challenge·均獲得第四名。
- (7) 二零二五年五月四日·MNOG 帆船隊以帆船「MNOG ALPHA」參加香港遊艇會舉辦的Nations' Cup 2025·於PHS第二組獲得第四名。
- (8) 二零二五年五月十至十一日,MNOG帆船隊以帆船「MNOG ALPHA」參加香港遊艇會舉辦的Spring Regatta 2025,於大船第三組榮獲第二名。

# 七 青年工作

- (1) 協會一直致力鼓勵本地年青人投身航海事業。為使甲板及輪機實習生能累積足夠的航海經驗以作進一步發展,協會於過去一年繼續游說多間船公司提供更多工作機會。
- (2) 協會強調年青人對協會和整個航運業的可持續發展有着舉足輕重的地位。MNOG年青會員是協會的核心工作之一。協會鼓勵年青人對協會作出貢獻、發表意見及參與各項活動。MNOG年青會員領導團隊亦在同儕間推廣協會及組織各項活動方面發揮關鍵作用。
- (3) 協會自修室開辦免費的COC溫習及輔導班·支援學生有效地準備考試·協助海事學生和MNOG年青會員的學術追求。
- (4)協會每年到訪MSTI及為新生舉行簡介會。簡介會上,協會代表介紹協會歷史、HKCBA對船員的保障、簡介協會年青會員及香港船員助學基金申請等。協會將繼續與MSTI及其他海事持份者通力合作,培育更多未來海事專才。

- (v) On the evening of 5<sup>th</sup> October 2024, the Guild sponsored a boat trip social gathering for nearly 30 MSTI students, fostering camaraderie and networking among future seafarers.
- (vi) On 17<sup>th</sup> May 2025, the Guild organized a Yacht Sailing Experience Day, inviting students and teachers from MSTI and HKSS to participate. Under the guidance of experienced sailing team members and professional trainers, participants quickly developed sailing skills, demonstrating impressive performance throughout the event.
- (vii) The MNOG Youth Gathering, held on 29<sup>th</sup> May 2025, welcomed MSTI students for an evening of engagement and networking. Attendees paid a HK\$20 entrance fee, which included buffet dinner and drinks, as well as an opportunity for informal discussions with Executive Council members, Guild Office staff, and MSTI graduates.

# 8 Organizing Activities for Members

- (i) The Guild regularly organizes various activities to strengthen connections among members and foster a sense of community.
- (ii) From 28<sup>th</sup> to 29<sup>th</sup> September 2024, the Guild organized a two-day tour to Zhongshan, which received an overwhelmingly positive response. More than 170 members, along with their families, participated in the tour, enjoying a memorable and enriching experience.
- (iii) On 9<sup>th</sup> January 2025, the Guild held a Lunar New Year Party at the Merchant Service Club. Members and guests celebrated the occasion with a delightful free buffet dinner, creating an atmosphere of joy and camaraderie.
- 9 Participating in Hong Kong Maritime Committees and Boards

The Guild was present at the following meetings last year:

- (i) High Speed Craft Consultative Committee (HSCCC)
- (ii) Hong Kong Fleet Operation Advisory Committee (HKFOAC)
- (iii) Maritime Services Training Board (MSTB)
- (iv) Port Welfare Committee
- (v) Seafarers' Advisory Board (SAB)
- (vi) The Committee of the Sailors Home and Missions to Seamen

- (5) 二零二四年十月五日晚上·協會贊助MSTI 學生舉行遊船河交流聯誼活動·有近三十名學 生參加·增進未來海員之間的友誼和交流。
- (6) 二零二五年五月十七日·協會舉辦「乘風破浪帆船體驗日」活動·邀請MSTI及赤航師生參加。在富有帆船操作經驗的帆船隊隊員及專業教練指導下,參加者都有理想表現,很快便能掌握操控帆船技巧。
- (7) 二零二五年五月廿九日黃昏,協會舉行年 青會員聚會,參與的MSTI學生每人付出港幣 廿元入場費,在會所內享用飲食,並與協會執 行理事會成員、辦公室職員及多名在職舊生溝 通交流。

# 八 舉辦會員活動

- (1) 協會定期舉辦多項活動,促進會員之間的關係。
- (2) 二零二四年九月廿八至廿九日,協會舉辦「深中通道、中山大宅門詹園兩天遊」,是次活動反應熱烈,有逾一百七十名會員及家屬參加,一同享受難忘而豐富的旅程。
- (3) 二零二五年一月九日·協會於會所舉辦迎春酒會·以免費自助晚餐招待·會員及賓客均盡興而歸。

# 九 參與本港海事會議

協會去年派代表出席下列各項會議:

- (1) 高速船諮詢委員會 (HSCCC)
- (2) 香港船隊運作諮詢委員會 (HKFOAC)
- (3) 海事服務業訓練委員會 (MSTB)
- (4) 港口福利事務委員會
- (5) 海員諮詢委員會 (SAB)
- (6) 海員俱樂部管理委員會



# 10 ITF Hong Kong Seafarers' Affiliate Co-ordination Committee (HSCC)

- (i) The HSCC signed the Special Agreement with 794 FOC ships on behalf of the ITF and signed the HKCBA with 1505 Hong Kong Flagged ships up to end of March 2025.
- (ii) HSCC signed the Special Agreement and CBA on behalf of seafarers on two cruise ships owned by a Chinese shipping company for better protection of their rights and interests.
- (iii) To accelerate the signatory process, the HSCC implemented electronic signature process for all agreements. The time for completing the signing process has been greatly shortened from the previous average of six days to one day, that is 83% increase in speed.
- (iv) Minimum wage scales for 2025 and 2026, in addition to some terms and condition in HKCBA, are updated and effective from 1<sup>st</sup> January 2025. The minimum wage for all ranks increased, including the stipend of cadet.
- (v) Fee structure for all agreements is updated and effective from 1<sup>st</sup> January 2025, both local bank transfer fee and telegraphic transfer fee are waived. Administrative Fee is adjusted after maintaining the same rate for over 15 years.

# 11 ITF Hong Kong Coordinating Committee (HKCC)

- (i) Elected as the convener of the ITF Hong Kong Coordinating Committee (HKCC) for 2023-2025 by Hong Kong ITF affiliates, the Guild has actively maintained contact and hosted regular meetings with other affiliates. These gatherings serve as platforms to exchange views, share experiences, discuss ITF policies, and promote campaigns aimed at protecting the rights and interests of transport workers. Additionally, the Guild plays a key role in strengthening connections between ITF and its affiliates while encouraging non-ITF transport unions to join the global federation.
- (ii) On 2<sup>nd</sup> August 2024, ahead of the 46<sup>th</sup> ITF Congress, the Guild organized a lunch meeting for ITF Hong Kong affiliate representatives to offer support and guidance, address their inquiries and concerns, and ensure a collaborative approach leading up to the event.



# 十 國際運輸工人聯盟 (ITF) 香港海員屬 會協調委員會 (HSCC)

- (1) 截至二零二五年三月底·HSCC代表ITF 與七百九十四艘方便旗船簽署特別合約,同時 為一千五百零五艘香港旗船簽署HKCBA。
- (2) HSCC代表內地公司旗下兩艘郵輪上的船員,與船公司簽訂方便旗特別合約及CBA,保障他們各項勞工權益。
- (3) 為加快簽約流程·HSCC已全面應用電子簽署·簽約時間由以往平均六日完成,大大縮短至一日·速度大幅提升百分之八十三。
- (4) 二零二五及二零二六年HKCBA內最低工資水平及部分條款已更新,並於二零二五年一月一日起生效。各職級最低工資均有上調,包括實習生的薪俸津貼。
- (5) HSCC所有簽約收費於二零二五年一月一日起更新,本地銀行轉帳及電匯轉帳手續費均獲豁免,而行政費用則於十五年來首次進行調整。

# 十一 國際運輸工人聯盟 (ITF) 香港區協調 委員會 (HKCC)

- (1)協會在二零二三年至二零二五年繼續獲得香港的ITF屬會推選為ITF HKCC的召集人。協會一直與其他屬會保持聯繫,並定期舉行會議,與其他屬會交流意見、分享經驗、討論ITF政策及推動維護本港運輸工人權益的活動。協會亦協助ITF與其他屬會保持緊密聯繫,並鼓勵還未成為ITF屬會的運輸工人組織加入ITF。
- (2) 二零二四年八月二日·在第46届ITF大會 召開之前·協會為出席大會的香港屬會代表舉 行午餐會·以了解他們對大會的相關疑問和擔 憂·並提供支援。

# 12 ITF & Other Overseas Meeting

The Guild maintains a strong relationship with the Nautilus Federation and other maritime organizations. The General Secretary of the Guild was elected as a member of the ITF Executive Board during the 46<sup>th</sup> ITF Congress, and the Guild continues to serve as a member of the ITF Fair Practices Committee (FPC) and the ITF FPC Steering Group. Over the past year, Guild representatives participated in various ITF and oversea international meetings.

- (i) President, General Secretary and an Executive Council Member of the Guild attended the 46<sup>th</sup> ITF Congress in Marrakech, Morocco from 13<sup>th</sup> to 19<sup>th</sup> October 2024. The Congress focused on building a comprehensive vision for the ITF for the next five years.
- (ii) President and General Secretary of the Guild attended the National Flag Meeting in Bangkok, Thailand from 16<sup>th</sup> to 19<sup>th</sup> January 2025. Representatives of the British, the Netherlands, Singapore and Hong Kong discussed the outcomes of ITF Congress and the Marrakech policy.
- (iii) General Secretary of the Guild attended the ITF Asia Pacific Regional Committee meeting in Tokyo, Japan from 18<sup>th</sup> to 19<sup>th</sup> February 2025.
- (iv) President and the First Vice-President of the Guild attended the 38<sup>th</sup> Asian Seafarer's Summit Meeting in New Delhi, India from 24<sup>th</sup> to 26<sup>th</sup> February 2025. Representatives of Asian unions discussed the latest advancements across maritime sector. Sessions covered critical topics such as mental health and alternative fuel solutions.
- (v) General Secretary of the Guild attended the ITF Executive Board and related meetings in London, United Kingdom from 9<sup>th</sup> to 11<sup>th</sup> April 2025. Executive Board members reviewed various committee operations and discussed an overview of ITF's overall budget.
- (vi) General Secretary of the Guild attended the ITF FPC Steering Group meetings in Barcelona, Spain from 15<sup>th</sup> to 16<sup>th</sup> May 2025.

# 十二 國際運輸工人聯盟 (ITF) 及其他海外 會議

協會一直與Nautilus Federation及其他海事組織保持緊密聯繫及良好關係。協會秘書長於第46屆ITF大會上,當選為ITF執行委員會委員,同時,協會也是ITF Fair Practices Committee(FPC)和ITF FPC指導小組的成員。過去一年,協會派代表出席多個ITF及其他海外會議。

- (1) 協會會長、秘書長及執行理事會成員於二零二四年十月十三至十九日出席在摩洛哥馬拉喀什舉行的第46屆ITF大會。會議為ITF未來五年發展,制訂全面的願景,並提出六項關鍵訴求,包括權利、平等、安全、問責、永續性和更適合工人的未來,為建立更安全、更公平、更永續的運輸業奠定基礎。
- (2) 協會會長及秘書長於二零二五年一月十六至十九日出席在泰國曼谷舉行的船旗國會議,與英國、荷蘭和新加坡的工會代表,討論ITF大會的成果和馬拉喀什政策。
- (3) 協會秘書長於二零二五年二月十八至十九日出席在日本東京舉行的ITF亞太區域委員會會議。
- (4) 協會會長和第一副會長於二零二五年二月 廿四至廿六日出席在印度新德里舉行的第38 屆亞洲海員高峰會。亞洲工會代表一同商討包 括海員心理健康和替代燃料等多方面的最新發展。
- (5) 協會秘書長於二零二五年四月九至十一日 出席在英國倫敦舉行的ITF執行委員會及相關 會議。執行委員會成員討論了各委員會的運作 情況,以及 ITF 整體預算的概況。
- (6) 協會秘書長於二零二五年五月十五至十六日出席在西班牙巴塞隆拿舉行的ITF FPC指導小組會議。

#### 13 Exchange Between Unions and Others

- (i) On the evening of 29<sup>th</sup> August 2024, a delegation of 44 representatives from the Singapore Organization of Seamen (SOS) visited the Guild during their oversea meeting. During their visit, delegates explored the maritime VR simulator system and later attended a dinner party at the Club, fostering meaningful exchanges and camaraderie.
- (ii) On 30<sup>th</sup> December 2024, the Guild donated funds to support the replacement of computers and furniture in the student computer rooms of two hopeful schools in Fogang County, Guangdong Province, China.
- (iii) On 7<sup>th</sup> February 2025, the President, General Secretary, Treasurer, and Executive Council Member of the Guild attended the Lunar New Year Celebration hosted by the SOS.
- (iv) Facilitated by the Guild, representatives of the Qingdao Shipmaster Association met with ITF representatives in Hong Kong on 8<sup>th</sup> January and 25<sup>th</sup> April 2025. These meetings focus on to collaborating on agreements to protect seafarers working on FOC vessels owned and managed by Chinese shipping companies.

# 14 Finances (at 31st March 2025)

The audited accounts of the Guild for the year 2024-2025 showed a total income of HK\$28,221,734.15 from subscriptions and others. As for the expenditure, a total amount of HK\$16,098,343.59 could be noted. The operating surplus for the year before depreciation was HK\$12,123,390.56.

Finally, I would like to take this opportunity to express my sincere gratitude to the Executive Council members for their invaluable contributions to the Guild's affairs. It has been an honour to work alongside them and serve as President of the Guild over the past year. I truly hope that, under the guidance of the Executive Council, the Guild will continue to progress and advocate for better rights and benefits for our members.

By the Order of the Executive Council

Captain KH Wu (President)

# 十三 與友會進行交流及其他

- (1) 二零二四年八月廿九日傍晚,新加坡海員聯合會(SOS) 代表團一行四十四人在海外會議期間造訪協會。代表團參觀及試用航海VR模擬器系統,並在會所享用晚宴,增進兩會交流和友誼。
- (2) 二零二四年十二月三十日,協會捐款為兩間廣東省清遠市佛岡縣希望小學更換學生電腦室的電腦及桌椅。
- (3) 協會會長、秘書長、司庫及執行理事會成員 於二零二五年二月七日出席SOS慶祝新春活動。
- (4) 在協會的協助下,青島船長協會代表於二零二五年一月八日及四月廿五日來港與 ITF 代表會面。會議討論制訂合作協議,以保障中國航運公司擁有和管理的方便旗船上工作的海員。

# 十四 財政報告 (截至2025年3月31日)

經核數師審核的財政報告顯示,協會於二零二四至二零二五年度的會費及其他收入為港幣二千八百二十二萬一千七百三十四元(HK\$28,221,734.15),開支為港幣一千六百零九萬八千三百四十四元(HK\$16,098,343.59)。本財政年度的折舊前營運盈餘為港幣一千二百一十二萬三千三百九十一元(HK\$12,123,390.56)。

最後,本人藉此機會感謝各執行理事會成員對 會務作出的寶貴貢獻。過去一年,本人很榮幸 能與各執行理事會成員共事,並擔任協會的會 長。本人衷心希望協會在執行理事會領導下能 繼續向前邁進,為會員爭取更多權益。

承執行理事會命

會長 胡國豪船長 二零二五年六月二十八日





# ITF exposes sham union endangering seafarers everywhere

Shipping companies, financiers and governments across the world urged to cut ties with sham union, ISU-Lanibra.



The International Transport Workers' Federation (ITF) is sounding the alarm on a growing threat to the rights and welfare of seafarers worldwide.

A coordinated scheme between a fake union registered in Slovenia, calling itself the International Seafarers' Union (ISU), and a for-profit company named Lanibra, has been exposed as a global scam. Together, they sell cut-rate sham labour agreements to rogue shipping companies looking to slash costs, at the direct expense of seafarers' rights, safety, and wages. The sham operation is clearly in breach of international labour laws.

The ITF's exposé, 'A sham trade union undermining the maritime industry', reveals a disturbing pattern of seafarer abandonment, wage theft and fundamental rights violations across multiple continents, all enabled by ISU-Lanibra's exploitative business model.

"You've got the same people running a private company that acts as an agent to shipowners, offering services to sideline genuine trade unions – and a sham union signing substandard agreements," said **Paddy Crumlin**, President of the ITF.

"They're not involved in any tripartite processes. They don't engage with the International Labour Organization or the International Maritime Organization. They have no role in the hard, institutional work of lifting standards across this industry. They undermine real social dialogue, real safety, real accountability. And that puts seafarers' lives at risk.

"The legal, moral, ethical and social responsibility of a trade union is to actively work in the service of its members," said **Crumlin**.

ISU does none of that. They're profiteering off the flesh and labour of seafarers. We will expose them."

#### A global pattern of abuse

- In the UK, two years after the notorious sacking scandal, it was revealed that replacement agency workers were paid less than half the legal minimum wage on P&O Ferries. Shockingly, these wages and conditions were detailed in documents, seen by the ITF, prepared for Philcrew and signed by ISU in 2023.
- In Brazil, the Eleen Eva was abandoned with unpaid crew. ISU-Lanibra never responded to seafarers onboard; the ITF stepped in and recovered \$178,000 in stolen wages.
- In Australia, the Eleen Sofia was detained after ITF inspectors found the crew with no food onboard.
- In Thailand, a seafarer sought assistance from ISU-Lanibra for unpaid wages, but his plea for help was ignored until the ITF intervened and secured payment.

#### A conflict of interest that breaches International Law

The leadership of ISU and Lanibra is indistinguishable. Founder Branko Krznaric, a former ITF employee, created both entities and even registered Lanibra using the ITF's London address.

Krznaric's daughter, Lana Krznaric, serves on the executive board of the ISU and as Lanibra's Director of Legal and General Affairs, while his other daughter, Nina Krznaric, acts as Lanibra's Director of Operations. This family-run network blurs any separation between the so-called "union" and employer agent.



"While ISU claims to represent seafarers, Lanibra openly markets itself to shipowners as a tool to "deal with ITF inspectors" and resolve "labour issues"," said David Heindel, Chair of ITF's Seafarers' Section. "They even boast about its insider knowledge of ITF operations. The same people selling sham agreements to shipowners are advising shipowners how to avoid legitimate unions.

"This is more than unethical, it's illegal. Under Article 2 of ILO Convention 98, employer interference in union affairs is strictly prohibited. Slovenian law also requires unions to be independent from employers. ISU-Lanibra clearly fails on both counts."

In an email obtained by the ITF, Krznaric directly pitched Lanibra's services to shipowners, writing: "Many companies which are cooperating with my company Lanibra decided to cooperate with the International Seafarers' Union (ISU)."

This dual role, acting on behalf of both employers and workers, is a textbook example of a 'company union': a fraudulent outfit designed to undercut real unions and strip workers of their rights.

The ITF is preparing legal engagements to address these breaches and calls on authorities to investigate and deregister ISU-Lanibra for breaching both international and domestic labour laws.

#### Call to action

The ITF is demanding immediate action from:

- Shipowners and charterers: Terminate ISU-Lanibra agreements and adopt legitimate ITF agreements.
- Financial institutions and investors: Apply ESG and Human Rights Due Diligence to end support for ISU-Lanibra-affiliated operations.
- Governments: Investigate and regulate ISU-Lanibra activities under national and international labour standards.

The ITF is the global voice for 16.5 million transport workers, representing over 1 million seafarers through more than 200 unions worldwide. In 2023 alone, it recovered over \$57 million in stolen wages. Unlike ISU-Lanibra, the ITF maintains a 130-strong global inspectorate defending workers' rights in over 110 ports worldwide.

"If you're a shipowner, a charterer or an investor and you're partnering with ISU-Lanibra, then you're part of the problem," warned Crumlin.

# ITF 揭發危害全球海員的假工會

ITF 敦促全球航運公司、金融機構和政府, 立即切斷與假工會 ISU-Lanibra 的任何瓜葛!

國際運輸工人聯盟(ITF)警告,全球海員權利和福利日益受嚴重威脅。

一個在斯洛維尼亞註冊的假工會 International Seafarers' Union (簡稱 ISU),自稱「國際海員工會」,實質與一家名為 Lanibra 的謀利公司掛勾,共同策劃全球騙局。他們非法出售低價虛假勞工協議,欺哄航運公司可以降低成本,但實質是直接損害海員權利、安全和合理薪資。此行為已明顯違反國際勞工法。

ITF 發布題為《一個破壞海運業的假工會》報告(圖)·揭露不少國家發生令人不安的海員遺棄個案、 剋扣工資和侵犯基本權利的現象,均與 ISU-Lanibra 有關。

ITF 主席 Paddy Crumlin 表示:「同一批人經營一家私人公司作船東代理,同時經營一個假工會,欺騙船東簽署遠低標準的勞工協議,企圖蒙騙他們是真工會——這根本就是共謀。

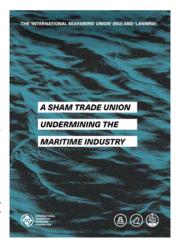
他們沒有參與任何勞資三方談判過程。他們沒有與國際勞工組織或國際海事組織合作。他們在提升 整個產業標準的制度化工作中,完全沒有發揮任何作用。更甚的是,他們破壞了真正的社會對話、 真正的安全和真正的問責制,將海員生命處於危險地位。

他續稱:「工會的法定、道德、倫理和社會責任應該是積極為其會員服務。但 ISU 沒有。他們利用海員的肉體和勞力牟取暴利。我們要揭發他們。」



#### 全球性的壓榨模式

- 在英國·大規模無理解僱醜聞發生兩年後·據報P&O Ferries的新代理人派遣工人的工資·不到法定最低工資的一半。令人震驚的是·ITF發現為Philcrew準備、詳細列明薪資和條件的文件·於2023 年由ISU簽署。
- 在巴西,船舶「Eleen Eva」被遺棄,船員沒有獲發薪。ISU-Lanibra 從未對船上海員作出回應。直至ITF介入,成功為船員追回\$178,000美元工資。
- 在澳大利亞·ITF檢查員發現「Eleen Sofia」船員在船上沒有食物,因此將船舶扣留。
- 在泰國,一名被拖欠工資的海員向ISU-Lanibra尋求援助,但他的訴求被視若無睹——直至ITF介入並成功追回欠薪。



#### 違反國際法的利益衝突

ISU 和 Lanibra的管理階層為同一批人。 Branko Krznaric曾是ITF的員工,他創辦了這兩個實體,甚至使用ITF的倫敦地址註冊 Lanibra。

Krznaric 的女兒Lana Krznaric是ISU的執行委員會成員,也是Lanibra的法律和總務總監,而他的另一個女兒Nina Krznaric則擔任Lanibra的營運總監。這個家族經營的網絡模糊了所謂「工會」和船東代理人之間的界線。

ITF海員部門主席David Heindel表示:「雖然ISU聲稱代表海員,但Lanibra卻公開向船東推銷自己,稱其是『應對ITF檢查員』和解決『勞工問題』的能手。」他們甚至吹噓自己十分了解ITF內部運作。同一批人,既向船東兜售虛假勞工協議,同時建議船東如何規避合法工會。

這不僅不道德,而且違法。根據國際勞工組織第98號公約第2條,僱主干涉工會事務是嚴格禁止的。斯洛維尼亞法律也要求工會獨立於僱主。ISU-Lanibra顯然在這兩方面都未能達到。」

由ITF獲得的一封電子郵件中顯示,Krznaric直接向船東推銷Lanibra的服務,他更寫道:「不少與我公司Lanibra合作的公司,都決定與ISU合作。」

這種同時代表僱主,也代表勞工的雙重角色,是「黃色工會」的典型例子:一個旨在削弱真正工會角色,和剝奪工人權利的詐騙組織。

ITF正在準備採取法律行動來對付此違規行為,並呼籲當局調查,並以違反國際和國內勞動法註銷 ISU-Lanibra的註冊。

#### 行動號召

ITF 要求以下機構立即採取行動:

- 船東和船舶承租公司:終止與ISU-Lanibra 的任何協議,並採用合法的ITF協議。
- 金融機構和投資者:應用ESG和人權盡職調查來終止對ISU-Lanibra附屬業務的支持。
- 各國政府:根據國家和國際勞工標準,調查和規範ISU-Lanibra的活動。

ITF代表全球1,650萬名運輸工人,透過全球200多個工會代表100多萬名海員。光是 2023 年,ITF成功協助追討被拖欠薪資金額超過 \$5,700 萬美元。與ISU-Lanibra不同的是,ITF擁有一個由130名成員組成的全球檢查網絡,於全球 110多個港口維護工人權益。

Crumlin警告說:「如果你是船東、租船人或投資者,並且與ISU-Lanibra合作,你就淪為問題一部分!」







# Youth Gathering & Yacht Sailing Experience Day

In May, the Guild organized a series of vibrant activities for Youth Members. The Youth Gathering took place on the evening of 29<sup>th</sup> May, bringing together MSTI students and alumni for an evening of games, a lucky draw, and a spirited beer-drinking contest at the Club. The joyful atmosphere and bright smiles on everyone's faces made it clear—it was a night overflowing with laughter and camaraderie.

Earlier in the month, on 17<sup>th</sup> May, students and teachers from MSTI and Hong Kong Sea School joined the Sailing Experience Day aboard a 40-foot sailboat. Under the expert guidance of professional coaches, participants not only learned essential sailing techniques but also embraced the spirit of teamwork and shared the thrill of the open waters.

# 年青會員聚會及乘風破浪帆船體驗日

協會為年青會員於五月舉辦了一系列精彩的活動,年青會員聚會於五月廿九日晚上舉行,MSTI的學生和校友於會所歡聚,參與遊戲、抽獎和啤酒競飲比賽。從參加者臉上燦爛的笑容,就知道這是一個充滿歡笑的晚上。

而乘風破浪帆船體驗日則於五月十七日舉行·MSTI和香港航海學校的學生和老師們登上了一艘40呎長的帆船·親身嘗試操控帆船。在專業教練的悉心指導下·參與者不僅學習了基本的航海技巧,還培養團隊合作精神·體驗在廣闊水域中馳騁的樂趣。



# MNOG Sailing Team Rides a Wave of Success

The MNOG sailing team continues its impressive winning streak. On 14<sup>th</sup> June, they clinched both Line Honors in the opening race and the overall championship title at the Summer Saturday Series organized by Hebe Haven Yacht Club. In May, the team secured an outstanding third-place overall ranking across five races in the Big Boat Rum Series organized by the Royal Hong Kong Yacht Club.

# 協會帆船隊連場勝仗

協會帆船隊接連報捷,於六月十四日白沙灣遊艇會舉辦的週六夏季系列賽,首場賽事獲得首名到岸及總成績第一名。五月,由香港遊艇會舉辦的Big Boat Rum Series大船系列共五場賽事,協會帆船隊總成績亦排名第三,榮獲季軍。







#### **Crew Care Oasis**

The Crew Care Oasis is now open! The Hong Kong International Seafarer Services Centre has officially unveiled its latest initiative: Crew Care Oasis, a dedicated wellness space for seafarers to unwind, connect, and enhance their mental health.

Crew Care is a psychological support program for seafarers, initiated by the Hong Kong International Seafarer Services Centre, co-established by the Guild and the Amalgamated Union of Seafarers, Hong Kong. The launch of Crew Care Oasis marks a significant expansion of this effort, offering a welcoming environment for both relaxation and professional emotional support.

Located at room 2301-02 of the Alliance Building, Crew Care Oasis provides a homely, tranquil setting for seafarers to gather. The space is outfitted with game consoles, VR simulators, audio-visual equipment, and board games—designed to help users decompress and foster social interaction.

In addition to its recreational amenities, Crew Care Oasis offers professional psychological services. Every Wednesday, clinical psychologist Dr. Joseph Lam hosts a series of wellness sessions, including individual counseling, group sharing and stress management workshops. These sessions aim to cultivate emotional resilience and provide tools for coping with the challenges of seafaring life.

Members are welcomed to reserve the space in advance for personal use or group activities. Registration can be completed by scanning the below QR code or by contacting the Guild Office for more details.

# 同航綠洲

「同航綠洲」正式啟用!一個專為海員打造的身心健康空間,旨在幫助他們放鬆身心、增進聯繫、提升心理健康。「同航」心理支援服務,由協會和香港航業海員合併工會成立的香港國際海員服務中心於去年推出,為提升海員心理健康而設,而「同航綠洲」的啟用,標誌着計劃進一步拓展,為海員們提供一個放鬆身心和獲得專業情緒支持的療癒空間。

「同航綠洲」位於誠信大廈2301-02室,室內環境溫馨寧靜,為海員們提供一個聚會場所。該空間配備了遊戲機、VR模擬器、音響設備和桌上遊戲,讓使用者盡情減壓並促進社交互動。

除了娛樂設施外,「同航綠洲」還提供專業的心理服務。逢週三,臨床心理學家林家進博士都會進行個人輔導、小組分享或減壓工作坊,希望透過多元化服務,培養海員情緒韌性,提升應對航海生活挑戰的抗壓技巧。

同時,歡迎會員提前預約場地,以作個人使用或小組活動。請掃描以下二維碼報名或聯絡協會辦公室查詢詳情。









#### **Golden Years Dinner**

To express heartfelt appreciation for the longstanding support of the Guild and the remarkable contributions to the industry made by Life Members and maritime friends, the Golden Years Dinner was held on the evening of 18<sup>th</sup> July.

The event brought together cherished members of the maritime community for an evening of camaraderie and celebration. Maritime friends reconnected, shared stories, and created lasting memories — marking a truly unforgettable night in honor of their golden years of service and friendship.

# 百人萬歲宴

為了感謝永久會員和航運界老前輩對協會的長期支持及為業界作出的貢獻,協會「百人萬歲宴」於七月十八日晚上舉行。

晚宴凝聚多位海事老朋友開懷歡聚,一同暢敘往事,在回憶多年來海上生活的同時,亦為協會締造了洋溢珍貴手足情誼的難忘一夜。











